

## **Training**

**Statewide Health Insurance Benefits Advisors (SHIBA)** 

# June Update



### Table of contents

SHIBA scope parameters	2
Dealing with angry clients	3
SHIBA safety	4
Scenarios/role play	6
QRCs:	
Volunteer complaint process	8
Complaint process overview	10
Cross agency desk aid	12
CCR form	14
Active listening	18
Evaluation:	
Evaluation form	20



### **SHIBA** scope parameters

#### What our volunteers can choose to do:

- Screen clients' eligibility for various health care coverage options including Medicare, Medigap, private health insurance, low-income programs and COBRA (Consolidated Omnibus Budget Reconciliation Act).
- Provide clients and community members with unbiased information about their options.
- Advise clients about points to think about with regard to their options.
- Educate the community about fraud identification and prevention.
- Counsel and/or enroll clients in programs and plans when eligible and appropriate.

#### SHIBA volunteers provide referrals

### Volunteers give referrals to clients for other state agency partners, programs and services such as:

- Department of Social Health Services
- Health Care Authority
- TRICARE
- Health Benefit Exchange
- Social Security Administration
- Medicare
- Washington State Health Insurance Pool
- Medicaid (Apple Health)

You can also be a great help to your clients by letting them know about the OIC's statewide toll-free Insurance Consumer Hotline at 1-800-562-6900. Through this free service, clients can get help with all types of insurance, such as: home, auto, health, life, disability coverage, long-term care and even annuities.

It's important for SHIBA to provide the same service across the state to ALL clients who come to us for help and to all work within our program's scope of service.



### **Dealing with angry clients**

Clients get upset for a variety of reasons. As a volunteer you'll likely come across an angry individual at one time or another. How you respond can make the difference!

Here are a few tips for handling a stressful situation:

- Remain calm. When a client starts yelling or being angry, nothings gained by responding back in a similar manner. In fact, it will most likely escalate hostilities. It's important to maintain your composure.
   Remember: If you feel threatened or if the client is aggressive, you have the authority to end the phone call, transfer the call to the Volunteer Coordinator or leave the situation immediately.
- Don't take it personally. Remember, the client is not upset with you. In most cases, they are either not understanding or don't know what to do. Try to keep your personal feelings out of it.
- Use your best active listening skills. The first thing an angry client wants to do is vent. To do so, they need someone to listen. Listening patiently can defuse a situation, as long as the client feels their complaint is acknowledged. Hear the client out. Avoid interrupting, interjecting, correcting until he/she is finished talking. Summarize what you have heard and ask any clarifying questions. If the client is in person, your body language is critical and keeping eye contact is important. Offer head nods and brief intonations to continue. Show how closely you're paying attention to their situation. For some techniques, see the handout: Active Listening Checklist at

https://educate.intel.com/download/K12/elements/collaborate html/resources/Active Listening Checklist.pdf.



- Actively sympathize. After a client vents, they want you to understand where they're coming from and how they feel. Express sympathy and empathize with them. You can ask "What can I do to help with this situation?" Respect and understanding go a long way towards smoothing things over. Active listening and paraphrasing techniques are a good way to let the client know you have listened to their concerns.
- **Find a solution.** Once you understand why the client is upset, it's time to try and help the client solve their problem. If you can't solve the problem, you can refer the client and send them in the right direction.
- Ask for help. If you've tried to help, but need more information to help, remember, you can always let the client know you need to speak with your Volunteer Coordinator or Trainer and get back to them. Note: It's important to always follow through and give an estimated timeframe.
- **Take a few minutes.** After a volatile situation has occurred, it is helpful to take your own "time-out." Even if you've handled the situation in the most professional way possible, it can weigh on you and can be a stressful experience.



### **SHIBA** safety

Your safety is SHIBA's primary concern when counseling. You should be cautious at all times and ask questions if you are unsure about a situation. Please have a discussion together on the following topics:

- Are your counseling stations setup safely?
  - o i.e., volunteer closest to the door
- Do you have a safety plan?
  - o i.e., what to do in (x) situation
- Do you have a security alert word or panic button if you feel in danger?
- If you have a natural disaster, do you know where to go?
- Where is the first-aid kit and fire extinguisher located?
- Do you have a process if you get a walk-in threat?



### Scenarios/role play

1. Judy is going on vacation with her daughter and as she's packing, she realizes she has 2 days left of her prescription drugs. The pharmacy stated that her Part D plan won't cover a refill. Judy calls SHIBA for help.

### Using the QRC, what is needed to file a complaint?

2. Dan contacts SHIBA with a complaint about the bill for his dad's hospital stay. His dad has Alzheimer's and has a hard time remembering so the SHIBA staff will deal with Dan directly on his father's behalf.

#### Using the QRC, what is needed to file a complaint?

3. Gayle has a Medicare Part D plan and chose to have her premium deducted from her Social Security check. She was waiting for the next month to make sure her deductions were taken out of her check. Gayle noticed that her premium was withdrawn twice; once from her Social Security check and once from her checking account. She has already contacted the plan and is not receiving a refund.

### Using the QRC, what is needed to file a complaint?

4. Bob is very angry. He went to his primary care doctor for a "Wellness Check" and stated that he has been having terrible chest pains. The doctor finished his "Wellness Check" and examined his chest. A week later, Bob received a bill and was telling his friend Nancy. Nancy stated to call SHIBA and they will help you. Bob called SHIBA and the volunteer stated that the billing was correct. Bob got upset.

Using the QRC and what you have learned in the update, what is needed to file a complaint?

### Volunteer complaint process

CCR	Following the volunteer complaint process will ensure you capture the necessary							
SECTION	client information to file a complaint.							
2	Assistance requested by							
	1. <b>Provider:</b> SHIBA can't submit any personal health information (PHI) without							
	the client's consent. List the provider as the beneficiary if SHIBA doesn't have							
	the client's consent to file a complaint on their behalf.							
	2. <b>Self/client:</b> List the client's name. If someone is calling on behalf of the client							
	list that person under "Representative."							
	3. <b>Caregiver/family member:</b> Same rules apply as provider.							
	Demographics  1. Poquired fields: name, mailing address, email (if client has one) and phone							
	<ol> <li>Required fields: name, mailing address, email (if client has one) and phone number.</li> </ol>							
3	Required fields: Gender, Race/Ethnicity, Age							
4	Topics discussed							
5	Complaint information							
	1. Medicare number							
	OIC can't submit complaints to CMS without a MEDICARE number.							
	2. Complaint details and narrative (section 5)							
	Apply: who, what when and where concepts							
	A. For Part D or Medicare Advantage, verify client has							
	contacted the plan. The plan must have an opportunity to							
	respond/process client request.							
	B. In the notes, be specific – date of event, letters, phone							
	numbers, etc.							
	C. Before referring case, client needs to be aware their name							
	will be used in the investigation. If client agrees, must mark							
	YES in this section.							
	D. What is the clients' desired outcome? Be clear on what							
	client wants.							
	E. Supply supporting documents if available. Send the							
	information to the Complaint Coordinator at the OIC and reference the CCR number.							
6	Notes: Include date of birth in the notes section.							
	<b>Urgent complaints:</b> Client has less than 3 days of medication or unable to access							
	needed medical care. Notify Complaints Coordinator, your Volunteer Coordinator or							
	your Regional Training Consultant.							
1	Close the CCR. If the CCR isn't closed, the complaint won't forward to the Complaint							
	Coordinator and it won't be processed.							
	Tell clients you are sending their complaint on to the Complaints Coordinator at the							
	OIC, and they should expect a phone call or letter in the next 7 to 10 business days.							

### Volunteer complaint process

If the client prefers to submit the complaint online, he/she can go to: <a href="https://www.insurance.wa.gov/complaints-and-fraud/file-a-complaint/">https://www.insurance.wa.gov/complaints-and-fraud/file-a-complaint/</a>

#### Helpful tips:

- Let clients know you're forwarding their information on, but be careful about promising any specific results. We can't always resolve every complaint.
- The Complaints Coordinator will triage complaints and refer them on as appropriate. We need you to give her the most complete information possible to efficiently help our clients. Notes should include who, what, where and when.
- Be careful about transmitting personal information about clients that includes names, Medicare numbers, date of birth, health and financial information.
   Information entered into SHIBA Online is secure, so only reference the CCR number if sharing with another SHIBA person.
- If the client has supporting documents, such as letters, EOBs or bills, note that in the CCR. Documents must be sent securely. Include the CCR number on the documents:

o Email: BeckyF@oic.wa.gov

o U.S. mail: Office of the Insurance Commissioner

Attn: Becky Fueston

PO Box 40255

Olympia, WA 98504-0255

- To check on the status of a case, look up the CCR in SHIBA Online and read the Notes section.
- Unless the caller has Power of Attorney, our Complaints Coordinator will have to get an okay from the client to pursue any complaint.
- In all cases, if you have questions about how to proceed with a complaint, contact your Volunteer Coordinator, Regional Training Consultant or the Complaints Coordinator for assistance.

### **COMPLAINT PROCESS OVERVIEW**



### **Complaint Coordinator triages complaints**



Medicare-related plans	Provider complaints (provider/facilities)	Interagency complaints (i.e. L&I claims and Medicare)	Fraud (marketing/agent, identity theft)
Medicare A/B	Unsafe facility conditions	Office of Attorney General	SIRS data entry
Fax to Region 10	State survey agency		
Medicare Advantage C/D	Hospital conditions		Referrals to: SIU, OIG, AG
Enter data into CTM	Dept. of Health		
Medigap	Provider concerns		Medicaid fraud Office of
Refer to Consumer	Dept. of Health, Quality		Attorney General
Advocacy	Assurance		
Follow-up with client	Quality of care/discharge		Follow-up with client
letter	Quality improvement		letter
	organization		
Track complaint data			
Submit monthly report			

COMPLAINT PROCESS OVERVIEW LAST UPDATED 5/2016

### Cross Agency Desk Aid

#### **Referral Communications Committee**

Last Updated 4/30/2016

Last Opaatea 4/30/2016							
De	partment of Social and	d Health Services		Health Benefit Exchange Health Care Authority		Authority	
Community Services Division Customer Service Contact Center	Development Disabilities Administration (DDA) Long-Term Care Specialty Unit		Care Support Administration Term Care)  Residential Care Services (RCS)	Washington Healthplanfinder Customer Support Center	Lead Organizations In-Person Assisters/ Navigators	Medical Assistance Customer Service Center (MACSC)	Medical Eligibility Determination Services (MEDS)
1-877-501-2233  1-877-980-9220 (Answer Phone) www.washingtonconnection.org  1-888-338-7410 (FAX)	1-855-873-0642 www.washingtonconnection.org 1-855-635-8305 (FAX)	No call center at HCS Contact your local office by checking at: <a href="http://adsaweb.dshs.wa.gov/hcs/maps.htm">http://adsaweb.dshs.wa.gov/hcs/maps.htm</a> <a href="http://www.washingtonconnection.org">www.washingtonconnection.org</a>	Residential Care Services (RCS) Report abuse or neglect in a licensed/certified setting 1-800-562-6078  RCS is responsible for the licensing/partification and	1-855-923-4633  http://www.wahealthplanfinder.org//customersupport@wahbexchange. org 1-855-867-4467 (FAX)	Lead Organization Contact Information available at: http://www.wahbexchange. org/wp- content/uploads/2013/05/ HBE NAV 151124 Navigat or Organizations.pdf	1-800-562-3022 https://fortress.wa.gov/hca/p1contac tus/	1-855-623-9357 https://fortress.wa.gov/hca/ magicontactus/ContactUs.as px
<ul> <li>Apply for, report changes or renew Food, Cash, and Child Care programs (SNAP, EBT, ABD/ HEN Referral, TANF/WorkFirst, Refugee Assistance)</li> <li>Apply for Classic Medicaid programs, SSI, 65+, and disabled</li> <li>Request an appeal of Classic Medicaid, Food, Cash and Child Care programs</li> <li>WASHCAP (Food for households whose only income is SSI or combination of SSI/SSA)         1-877-380-5784</li> <li>For additional application assistance refer to the Public Access Directory for community partners:         <ul> <li>https://www.washingtonconnection.org/home/publicaccessdirectory.go</li> <li>Constituent Relations 1-800-865-7801</li> </ul> </li> </ul>	<ul> <li>Medicaid programs for clients         with developmental disabilities</li> <li>Hospice</li> <li>Healthcare for Workers with Disabilities (HWD) program (S08)         1-800-871-9275</li> <li>Children's institutional (K01)</li> <li>Residential mental health eligibility questions</li> </ul>	<ul> <li>Long-term care nursing facility services</li> <li>In-home care Assisted living or adult family home</li> <li>Community first Choice (CFC)</li> <li>Medicaid personal care</li> <li>Request an appeal for LTC programs</li> <li>Cash and Food benefits for LTC (or HCS) clients</li> </ul>	licensing/certification and oversight of  Nursing facilities  Adult family homes  Assisted living facilities  Intermediate care for individuals with intellectual disabilities  Enhanced services facilities  Certified community residential services & supports  To search for a licensed home in your area, visit https://www.dshs.wa.gov/altsa/residential-care-services/residential-care-services, select the setting and then the locator link.	<ul> <li>Apply for or renew health care coverage (families, children, pregnant women and single adults)</li> <li>Health Insurance Premium Tax Credit (HIPTC) questions</li> <li>Qualified Health Plans (QHP) questions</li> <li>Healthplanfinder Business questions</li> <li>Locate an HBE In-person Assister/Navigator or Broker http://wahbexchange.org/how-enroll/customer-support-network/</li> <li>Request an appeal for denial of HIPTC/QHP, Special Enrollment: www.wahbexchange.org/appeals or call for information: 1-855-859-2512</li> </ul>	For system functionality visit  Healthplanfinder Status Center: http://wahbexchange.org/cu stomer-resources/outages- and-maintenance/ • If an IPA needs to submit a Zendesk ticket • Questions about becoming a certified assister • To request outreach materials and presentations • HPF password reset or lockout: 1-855-256-9598	<ul> <li>ProviderOne Client Services         Card</li> <li>Provider billing and claims         questions</li> <li>Apple Health Managed Care         enrollment and questions</li> <li>ProviderOne benefit coverage         questions</li> <li>Foster Care inquiries:         <ul> <li>Extension 15480</li> </ul> </li> <li>In Clark and Skamania         Counties only:             <ul> <li>Mental Health, Substance Use</li> <li>Disorder and Crisis Services</li> <li>Additional Supports for SW WA:</li></ul></li></ul>	<ul> <li>Apple Health Modified         Adjusted Gross Income         (MAGI) Medicaid         eligibility questions         (families, children,         pregnant women and         single adults)</li> <li>Post-Eligibility Case         Review questions or         report changes</li> <li>Apple Health for Kids         premium payment         questions (CHIP)</li> <li>Request an appeal         for Apple Health         Programs</li> </ul>
Hours of operation: 8:00 am – 5:00 pm, Monday – Friday (except state holidays).  Suggested script: "Please have your Client ID or Social Security Number available."	Hours of operation: 8:00 am – 5:00 pm, Monday – Friday (except state holidays). closed from Noon – 1pm  Suggested script: "Please have your Client ID or Social Security Number available."		To find an RCS office near you, visit <a href="https://www.dshs.wa.gov/altsa/residential-care-services/residential-care-services-offices">https://www.dshs.wa.gov/altsa/residential-care-services-offices</a>	Hours of operation: 8:00 am – 6:00 pm, Monday – Friday (except state holidays).  Suggested script: "Please have your HPF application ID or Social Security Number available."	Hours of operation are generally 8:00 am – 5:00 pm, Monday – Friday (except holidays).  Suggested script: "For application issues, please have the HPF application ID available."	Hours of operation: 7:00 am – 5:00 pm, Monday - Friday (except state holidays).  Suggested script: "Please have your Client ID or ProviderOne ID available."	Hours of operation: 7:00 am – 5:00 pm Monday - Friday (except state holidays).  Suggested script: "Please have your Application ID, Client ID or Social Security Number available."













Office of Insurance	Commissioner (OIC)	Department of Soc	ial and Health Services	Additional Supports		
Consumer Advocacy	Statewide Health Insurance Benefits Advisors (SHIBA)	Division of Child Support (DCS)	Behavioral Health Administration	JP Morgan/Chase	Tribal Resources	
1-800-562-6900 http://www.insurance.wa.gov/	1-800-562-6900 http://www.insurance.wa.gov/shiba/	1-800-442-5437 (KIDS) <a href="http://www.dshs.wa.gov/dcs/">https://www.dshs.wa.gov/dcs/</a> <a href="http://www.dshs.wa.gov/dcs/">https://www.dshs.wa.gov/dcs/</a> <a href="mailto:ision-behavioral-health-and-">ision-behavioral-health-and-</a> <a href="mailto:recovery">• EBT Card Rep</a>	<ul> <li>1-888-328-9271 (24hrs)         <ul> <li>www.ucard.chase.com</li> </ul> </li> <li>EBT Card Replacement and Balance Information</li> </ul>	<ul> <li>www.ucard.chase.com</li> <li>EBT Card Replacement and Balance</li> </ul>	<ul> <li>DSHS- Office of Indian Policy –         (360) 902-7706</li> <li>HBE- Tribal Liaison –         tribal.liaison@wahbexchange.org</li> </ul>	
<ul> <li>Complaints against insurances companies, claim denials, poor service, coverage, cancellations, etc.</li> <li>Insurance options</li> <li>Legal rights: insurance laws &amp; regulations</li> <li>Health insurance appeals</li> <li>Complaints against insurance agents/brokers/producers</li> <li>Insurance fraud</li> </ul>	<ul> <li>Understand your Medicare coverage options and rights: Original Medicare, Medicare Advantage, prescriptions and Medigap plans</li> <li>Evaluate and compare Medicare plans</li> <li>Medicare coordination with Medicaid (dual), state &amp; federal government retirees, veterans, private plans and HBE</li> <li>Medicare Savings Program &amp; low-income subsidies</li> <li>Medicare complaints, questions and fraud prevention</li> </ul>	<ul> <li>Establish Paternity and Child Support         Orders</li> <li>Collect / Distribute Child Support</li> <li>Employer Support</li> <li>Negotiate Payment Plans</li> <li>Payment/EFT options         1-800-468-7422</li> <li>Hearings and Conference Boards</li> <li>Outreach to Community Partners and Stakeholders</li> <li>Community Relations Unit         1-800-457-6202</li> <li>Modify Orders</li> <li>Employer New Hire Reporting</li> <li>"Alternative Solutions Program"         A Compassionate Portal To         Child Support Services         360-664-5028</li> <li>AlternativeSolutions@dshs.wa.gov         http://tiny.cc/DCSAlternativeSolutions     </li> </ul>	<ul> <li>Medicaid Enrollees may access mental health treatment and substance use disorder treatment (also known as behavioral health). This is a covered benefit</li> <li>Mental Health Treatment:         <ul> <li>Anyone who needs mental health crisis services can receive them, regardless of insurance status</li> <li>To request services, contact the Behavioral Health Organization in your area.</li> <li>How to access services if you are American Indian or Alaska Native</li> <li>For more information about these services: https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/BHO/BH_Info_Clients.pdf</li> </ul> </li> <li>For free, confidential referrals to services and 24/7 crisis support, call: Washington Recovery Helpline 1-866-789-1511 http://www.warecoveryhelpline.org/</li> <li>In Clark and Skamania Counties only: If you live in Clark or Skamania County, contact your Apple Health plan directly to request treatment</li> <li>For more information call Apple Health Customer Service at 1-800-562-3022</li> </ul>	<ul> <li>Change PIN number</li> <li>Client will need their EBT card number and Social Security</li> <li>Office of Financial Recovery 1-800-562-6114</li> <li>DSHS Overpayments</li> <li>Premium Payments</li> <li>Estate Recovery</li> <li>2-1-1 1-877-211-9274 7-1-1 (relay service) www.211.org</li> <li>Provide information and referral for community resources and volunteer opportunities.</li> <li>Support community-based organizations network.</li> <li>Answer Phone 1-877-980-9220 Automated system where clients can check their DSHS benefits</li> <li>Obtain case status and payment information</li> <li>Hear information about your child care benefits</li> <li>Check voice messages left by your worker</li> </ul>	HCA- Tribal Affairs Administrator — Jessie Dean 360-725-1649 or Jessie.dean@hca.wa.gov  Long-Term Care Ombudsman Program     1-800-562-6028     TTY: 1-800-737-7931     www.waombudsman.org  Protect, promote and advocate for residents in nursing homes, adult family homes, and assisted living facilities. Report mistreatment of residents in facilities.  How to report Medicaid fraud You can help prevent misuse by reporting suspected Medicaid fraud for the following:  Recipients of Apple Health (Medicaid) coverage If you suspect someone is fraudulently reporting their circumstances to receive Washington Apple Health (Medicaid) coverage, please notify WAHEligibilityFraud@hca.wa.gov  Medicaid Providers Suspected Medicaid Provider fraud	
Hours of operation: 8:00 am – 5:00 pm, Monday - Friday (except state holidays).	Monday - Friday (except state holidays).	Hours of operation: 8:00 am – 5:00 pm, Monday - Friday (except state holidays). Suggested script: "Please have your Case Number, or Social Security Number available."			may be reported by calling <b>1-800- 562-6906</b> or emailing <a href="mailto:hottips@hca.wa.gov">hottips@hca.wa.gov</a>	







# Client Contact Record Statewide Health Insurance Benefits Advisors (SHIBA)





1. Volunteer Information	
VOLUNTEER INFORMATION	
Organization:*	Resource:*
COUNSELING INFORMATION	
Date of Contact:*	Counseling Site Zip Code:*
Type of Contact:*  E-mail / fax / postal mail  In Person (home visit Staff only  In Person (site)  CCR DETAILS	Quick Call (<10 min.) Time Spent:* Hours Minutes 00 15 30 45
	Nato:
CCR Status:* Closed Open Close D	
What type of issue is this?:*  Referred to Outside Agency:  Another State's DO  AOA  Attorney General  CMS	
2. Client Information	
CONTACT INFORMATION	
Assistance was requested by:*  Agency / Social Services Caregiver / Legal Rep Daughter Significant Othe Father Grandchild Son	
Grandparent Spouse  Mother Specify Other:  Other Other Family	Medical / Dental Provider SHIBA Presentation Specify Other:  Newspaper (name) SHIBA Publication Other SHIBA / OIC Website
Mother Specify Other: Other	Provider SHIBA Presentation Specify Other:  Newspaper (name) SHIBA Publication
<ul><li></li></ul>	Provider SHIBA Presentation Specify Other:  Newspaper (name) SHIBA Publication
Mother Specify Other: Other Other Family  REPRESENTATIVE	Provider
Mother Specify Other: Other Other Family  REPRESENTATIVE  Name:	Provider
Mother Other Other Other Family  REPRESENTATIVE  Name: Email:  CLIENT INFORMATION	Provider
Mother Specify Other: Other Other Family  REPRESENTATIVE  Name: Email:	Provider

14

2. Client Information continued
CLIENT INFORMATION (continued)
Preferred Contact Number
Work Phone: Ext:
Home Phone:
Cell Phone:
3. Client Eligibility
CLIENT DEMOGRAPHICS
Gender:*
Asian White / Not Hispanic Origin
Age:* 0 - 19
O 31 – 40 O 85+ O Hispanic / Latino O Declines to Disclose
<ul><li>○ 41 – 50</li><li>○ Declines to Disclose</li><li>○ Mixed</li></ul>
Primary Language: ASL Cantonese Mandarin Spanish Vietnamese
(If other than English) Cambodian Korean Russian Tagalog Other
Interpreter Needed:  Yes  No
CLIENT ELIGIBILITY
Disabled:* Yes No Declines to Disclose Receiving or applying for Medicare Disability or Social Security Disbility
Dual eligible with Mental Yes No Declines to Disclose illness / mental disability:*
Veteran: Yes No Declines to Disclose
Enrolled Tribal Member: Yes No Declines to Disclose
CLIENT HOUSEHOLD INFORMATION
FAMILY SIZE: Number of relatives living in home, including client:
HOUSEHOLD INDIVIDUAL
Household Monthly Income Before Taxes Individual Monthly Income Before Taxes*
<ul> <li>         ○ \$0 - \$908         ○ \$0 - \$1,459 (Below 150% FPL)         ○ \$909 - \$1,226         ○ \$1,459 + (At or Above 150% FPL)         ○ \$1,450 + (At or Above 150% FPL)         ○ \$1,450</li></ul>
○ \$1,227 – \$1,362
○ \$1,363 – \$1,816
More than \$1,816
O Declines to Disclose
Household Estimated Assets Individual Estimated Assets*
Up to \$3,000 SSI-Related Up to \$2,000 SSI-Related
<ul> <li>Up to \$10,020</li> <li>MSP</li> <li>Up to \$7,160</li> <li>MSP</li> <li>Up to \$13,440</li> <li>US</li> </ul>
○ More than \$25,260 Other ○ More than \$13,440 Other
O Declines to Disclose O Declines to Disclose

SHS 504 (9/2014) page 2 of 4

4. Topics Discussed

INSURED CURRENTLY Yes Yes (Losi	ng insurance within the next 12 mont	ths) ONo	
<ul> <li>□ CHIP</li> <li>□ COBRA</li> <li>□ Discount Plan</li> <li>□ Employer Group Plan</li> <li>□ Medicare (Part A)</li> <li>□ Medicare (Part B)</li> </ul>	☐ Medicare <b>Rx</b> (Pa		<ul> <li>Veterans/CHAMPVA</li> <li>WA State Health Insurance Pool (WSHIP)</li> <li>Other</li> </ul>
*Mark ALL topcis that apply.	(At least one topic from Medicare or N	Non-Medicare topi	cs must be selected.)
Medicare Topics Discussed: Age 65 and older or Me	edicare related:	Medicare Dollars  Yearly Estin	s Saved: mated Dollars Saved \$
Medicare Parts A and B:		Medicare Health	Plans / Advantage (Part C)
<ul><li>Appeals / Complaints</li><li>Claims / Billing</li><li>Enrollment / Eligibility / Benefits</li></ul>			•
Prescription Drug Assistance? Medicare Rx (Part Dame	<b>)</b>	Medigap / Suppl  Appeals / G  Changing  Claims / Bi  Enrollment	Complaints Coverage
Medicaid		Other Prescription	on Assistance
<ul><li>☐ Medicaid (COPES, Aged, Blind, Disabled)</li><li>☐ Medicare Savings Program (QMB / SLMB / QI-1)</li></ul>	)		ards / Assistance Plan oployer Plan
Other			
<ul> <li>Claims / Billing</li> <li>COBRA</li> <li>Customer Service Issues / Complaints</li> <li>Dental</li> <li>Employer Plan</li> </ul>	<ul> <li>☐ Fraud / Abuse</li> <li>☐ Health Savings Accounts</li> <li>☐ Long-Term Care</li> <li>☐ Military / TRICARE / TRICARE for</li> <li>☐ Social Security Disability</li> </ul>	[ 	Tribal Health Benefits  Veterans / CHAMPVA  WA State Health Insurance Pool (WSHIP)  Other
Non-Medicare Topics Discussed: Age 65 and not M	edicare related:	Non-Medicare D	ollars Saved:
○ Yes ○ No			mated Dollars Saved \$
Landa barrara Andrean		Oak an Dua anduat	an Andrews
Low-Income Assistance  Basic Health Medicaid (cl CHIP Medicaid (fa	hildren's) amily, pregnant, alien)	_	on Assistance Fards / Assistance Plan Aployer Plan
Other			
<ul> <li>☐ Claims / Billing</li> <li>☐ COBRA</li> <li>☐ Customer Service Issues / Complaints</li> <li>☐ Dental</li> <li>☐ Dependent Coverage</li> <li>☐ Employer Plan</li> </ul>	Fraud / Abuse Health Savings Accounts Individual / Insurance Opt Long-Term Care Medical Savings Program Military / TRICARE / TRICA		<ul> <li>Social Security Disability</li> <li>Tribal Health Benefits</li> <li>Veterans / CHAMPVA</li> <li>WA State Health Insurance Pool (WSHIP)</li> <li>Washington Health Program</li> <li>Other</li> </ul>

SHS 504 (9/2014) page 3 of 4

### 5. Complaint Information

COMPLAINT INFORMATION				
Is this a complaint?: O Yes O No				
<b>Do you want OIC to investigate:</b> Yes, client ur  No, for tracki	nderstands his / her name may be used and ing purposes only	has consented		
COMPANY AND PLAN DETAILS				
Company Name:*				
Plan Name:	Medicare #:		Policy #:	
Agent / Broker Name:		Agent / Broker	Phone:	
COMPLAINT DETAILS				
Nature of Complaint*				
☐ Access to Care	☐ Claim Denied	☐ Misinform	ation / False Claims	
☐ Access to Insurance	Coverage	☐ Plan non-		
☐ Agent Handling / Misrepresentation	☐ Dependent Coverage		Billing Withholding	
Alleged / Potential Fraud	Enrollment / Disenrollment Issues	Premium		
Benefits Change / Reduction	☐ Inadequate Provider Network	Quality of	Care	
☐ Billing Error / Overcharged	☐ Insurance Cancellation	☐ Other		
Yearly Estimated Dollars Saved \$  Action taken to date:  What action would the client like to see happen?:				
6 Notes				
6. Notes	L			

### **Active Listening Checklist**

Active listeners intentionally focus on speakers and strive to understand messages before responding, even when they might not agree with what a speaker is saying. Use this checklist to become a skilled active listener.

Skills	Check	Actions		
Paying Attention				
Active listeners intentionally give their undivided		Whenever possible, I look at the speaker and make eye contact when the speaker is talking, whether the speaker in person or on a videocast.		
attention to speakers.		I stay engaged and listen without distracting myself with thoughts of rebuttals, responses, and other ideas I want to express.		
		I focus on the speaker's words and avoid distractions around me.		
		I listen with my ears as well as "listen" with my eyes by watching the speaker's body language and behavior.		
		I refrain from side conversations, including digital communication and talking with others when I am listening in a group setting.		
		I refocus on the speaker whenever I feel my thoughts stray away from the goal of understanding the speaker's message and point of view.		
<b>Demonstrating Awaren</b>	ess			
Active listeners give cues that they are	cues that they are occasion to show I am listening.			
paying attention.		My posture (such as sitting up and leaning forward) shows that I am alert and interested.		
		When appropriate, I use brief positive vocal prompts, such as "yes" and "uh-huh."		
		I avoid multitasking, such as texting or shuffling through notes, to show the speaker that I am paying attention.		
Suspending Judgment				
Active listeners listen to a full		I allow the speaker to finish so I can hear the full messag		
message without bias before responding.		I keep an open mind about the topic and avoid letting my personal filters, assumptions, judgments, and beliefs distort what I hear.		
		I avoid interrupting to tell my own stories or opinions because I know interruptions can waste time and frustrate speakers.		

Skills	Check	Actions	
Giving Feedback			
Active listeners know that the goal is to understand what is		At appropriate times, I ask questions to clarify points, such as, "What do you mean when you say?"	
being said, which may require reflecting and questioning.		When I am working in a group, I summarize and reflect on what has been said by paraphrasing, using statements such as "What I am hearing is" and "If I understand correctly, you seem to feel"	
Responding Appropriately			
Active listeners use the information they		I respond in a relevant way that addresses the content or emotion of the message.	
to dalli deedel - 1 - 1 - 1		After I understand a speaker's message, I ask questions if I want to know more.	
connections.	<u> </u>		



# **Training course evaluation**

### **Statewide Health Insurance Benefits Advisors (SHIBA)**

	Strongly Agree	Agree	Disagree	Strongly Disagree
This training was informative and useful.				
The course content held my interest.				
Participation and interaction were encouraged.				
The time allotted for the training was sufficient.				
This training experience will be useful in my work.				
The content was organized and easy to follow.				
Trainer was knowledgeable about the subject matter.				
The trainer was well prepared.				
The training objectives were met.				
The material followed a logical flow.				



1. What did you like most about the training?
2. What aspects of training could be improved?
3. What additional trainings would you like to see in the future?
4. Please share other comments here:

Please tear evaluation off and hand it to your trainer.